

Race Calendar

8/28/2010	2010 5K Run Walk Roll for Occupational Therapy	5k, 8am	Long Branch NJ
8/28/2010	Pascack Valley Sprint Triathlon & Relay	300 Meter Swim-10 Mile Bike--5K Run	
	Pascack Valley NJ	201-666-1677	
8/28/2010	Lacey Township Alliance 5k Run	k,8:30am, 1 mile 8am	Forked River NJ 609-971-3327
8/28/2010	Stafford PBA 5k Run for DARE	5k, 9:45am, 1 mile, 9am	Manahawkin NJ 609-709-1101
8/28/2010	Morris Township Fire Department 100th Anniversary 5K	5k, 6pm, kids 1 mile fun run, 7:30	
	Morristown NJ	973-886-2300	
8/29/2010	33rd Annual Not Quite Fall Classic 4 Mile	4 Mile, 8:30am	Cranford NJ
9/4/2010	Warinanco Summer XC Series	5k, 6:45	Roselle NJ 609-577-6595
9/4/2010	2nd Annual " A Community that Cares"	5k, 8:30am, 1 mile family walk, 8am	Little Egg Harbor NJ 609-432-2559
9/4/2010	DQ Triathlon at Marlton Lakes	1/4 mile swim, 11 mile bike, 3 mile run, 8am	
	Marlton Lakes NJ	856-858-7835	
9/4/2010	Walk the Shore For a Cure 5K	5k, 9am, 5k walk, 9:05, kids run 8:45	Seaside Park NJ 917-292-1900
9/5/2010	Jimmy D Memorial	5k, 9am	New Brunswick NJ 732-803-5871
9/5/2010	Crossroads Of New Jersey	10k, 5k, 9am	Woodbridge NJ 732-549-9440
9/6/2010	Somerset Patriots 5K Run	5k, 9am	Bridgewater NJ 908-252-0700 x 201
9/6/2010	CPC Pier House 5k	5k, 8:30am, kids races following main event	Long Branch NJ 732-571-2162
9/6/2010	Eatontown - 16th Annual 5K Labor Day Race	5k run, 9:15, walk, 9am, 1 mile kids, 8:45	
	Eatontown NJ	732-389-7607	
9/6/2010	28th Annual Verona 5K Run	5k, 9:30am 1 mile, 9am	Verona NJ 973-239-4111
9/9/2010	Share the Care 5K/Fun Run	5k, 6pm	Morris Plains NJ 973-451-0143
9/11/2010	Warinanco Summer XC Series	5k, 6:45	Roselle NJ 609-577-6595
9/11/2010	2010 5K Rock n' Run and Rock On! Walkathon	5k, 9am, 3k walk, 9:15	Clark NJ 910-686-0026
9/11/2010	Run for Our Troops 5K & Kids Dash	5k run/walk, 8:30am	Pennsauken NJ 856-616-8460 x 204
9/11/2010	Helene Cody Cranbury 5K	5k, 9am, 1 mile, 9:45am	Cranbury NJ 609-448-1357
9/12/2010	Paces For Prevention 5k	5k, 10am 1 mile family fun run, 10:45	Newton NJ 973-362-8006
9/12/2010	Windmill Classic 5K Run/Walk	5k run/walk, 9am	Milford NJ 908-797-6090
9/12/2010	12th Annual Kaleidoscope of Hope Walkathon	1 mile, 3 mile, 5 mile 9:15am,	Morris Township NJ 908-902-8587
9/12/2010	Great Atlantic Ocean Sprint & Super Sprint Tri	.5 mile swim, 14 mile bike, 3.5 mile run, or .25 swim ,	
	7 mile bike 2 mile run	Seaside Heights NJ	732-241-4555
9/12/2010	First Annual Greg Hickman Foundation Paddleboard Race	stand up, paddle boards, long boards kayaks	
	Highlands NJ	732-2334-6119	
9/12/2010	IronMatt 5K	5K, 9am	Oakland, NJ 201-953-3872
9/12/2010	The 24th Skylands Triathlon & Duathlon	tri: .5 mile Sw,14.1 Mile Bike,5k Run or Du: 5k run,	
	14.1 mile bike, 5k run	Clinton NJ	908-824-0343
9/12/2010	Netcong Day 5K	5k, 10am	Netcong NJ 973-347-7307 x145
9/12/2010	Monmouth County Sprint Triathlon	1/4mi Sw,13mi Bi,4mi Run,8am	Long Branch NJ 732-542-1642 x 23
9/18/2010	5K Spirit Run	5k, 930am, Fun Walk, 9am	Sparta NJ 973-729-6125
9/18/2010	Zach's Run	5k, 1 mile, 10am	Atlantic City NJ 609-513-4029
9/18/2010	Woodbourne Park 5K Family Run/Walk	5k, 9am	Wantage NJ 856-649-9554
9/18/2010	Vice Versa Sprint Tri & Relay	3.1 mile run, 12 mile bike, .25 swim	Allenhurst NJ 732-241-4555
9/18/2010	Haiti 5K	5k, 10am	Titusville NJ 757-617-8724
9/18/2010	Fallen Heroes Memorial Run	5k, 9:30am, kids dash, 11am	Lake Como NJ 732-499-9250
9/19/2010	Cheshire Home 5K Run	5k, 9am	Madison NJ 973-377-9531
9/19/2010	Long Beach Island Annual Triathlon/Duathlon	1/4 mile swim, or 1.5 run , 10 mile Bike and 5k Run	
	Brant Beach NJ	856-858-7835	
9/19/2010	Cheshire Home 5K Run	5k, 9am	Madison NJ 973-377-9531
9/19/2010	8th Annual Ray Perkins Memorial Race	5k, 9:30am	Bridgewater NJ 732-346-0555 x22
9/19/2010	Jersey Shore University Medical Center 5k Run/Walk	5k run/walk, 10am, kids races, 11am	
	Neptune NJ	732-776-4075	
9/19/2010	8th Annual Kaleidoscope of Hope Walkathon II	1, 3, 5 Miles,9:15am	Lyndhurst NJ 910-686-0026

9/19/2010	Colalillo ShopRite 14th Annual 5k Walk & Run	5k,9:30am	Readington Twp NJ	908-682-6900 ext. 30
9/19/2010	Berkeley Heights 5k Run	5k, 9:30am, 1.5 mile walk, 9:35	Berkeley Heights NJ	908-464-8899
9/19/2010	"War at the Shore" Triathlon	Short course .4k swim,9.5 mile bike, 3 mile run 6:45am long course .8k swim, 19 mile bike, 5 mile run 6:30am	Long Branch NJ	
9/19/2010	Patenella's Buckman Sprint Triathlon	1/2 mile swim, 17 mile bike, 5k run 7am	Lebanon NJ	732 841-2558
9/25/2010	Central NJ Pink Ribbon 5k Run and Health Walk	5k, 3pm, walk, 4pm	Perth Amboy NJ	732-771-2516
9/25/2010	Endorphine 5K	5k	Augusta NJ	973-726-6218
9/25/2010	Haworth 5K Run/Walk	5k, 9:30am, Fun Run 10:15	Haworth NJ	201-314-8656
9/25/2010	NJ Trail Series Dfall Back to Schooleys	5k, 10k, 9am	Washington Twp NJ	973-627-2575
9/25/2010	4th Annual Kaleidoscope Of Hope Walkathon III	1, 3, 5 Miles,10am	Avon NJ	910-686-0026
9/25/2010	Bosco's Buddies Challenge 4 Change	5mile, 10mile, 8am	Long Branch NJ	732-236-7651
9/25/2010	Pink Ribbon 5K Run & 1 Mile Walk	5k, 3pm, 1 mile 4pm	Perth Amboy NJ	732-442-0460
9/25/2010	Dunellen's 13th Annual Run For Education	5k, 10am, 1 Mile Fitness Walk, 9:30	Dunellen NJ	732-968-7470
9/25/2010	KeyportFest 5K	5k,8:30am, 1 mile fitness walk, 9:30	Keyport NJ	732-739-5145
9/25/2010	Treasure Island Kids Triathlon	7-10, swim 100 yards bike .8 mile, run .6 mile, 11-14 200 yrd swim, bike 1.75 miles, run 1.25 miles 5pm	Pt Pleasant NJ	732-892-9374
9/25/2010	Newstead 5k	5k, 9am, 2 mile, kids fun run, 10am	South Orange NJ	973-715-6800
9/26/2010	Aardvark Aamble	5 mile, 10am & 5K Trail Walk	Delaware Water Gap PA	570-424-6431
9/26/2010	Brian's Run for Tomorrows Children's Fund	10K,8:30am, 5krun/walk, 10am	Wayne NJ	973-650-7998
9/26/2010	10th Annual William G. Rohrer Center for HealthFitness 5k and 1-mile Fun Walk	5k, 9am, Voorhees NJ		856-325-5328
9/26/2010	4th Annual BSA Troop #22 Sprint Triathlon	1/4 mile swim, 12 mile bike, 5 k run, 7:30am	Lavalette NJ	732-580-9688
9/26/2010	Manasquan Reservoir 5 Mile Run	5 mile, 9am	Howell NJ	732-542-1642 x 27
9/26/2010	17th Annual Newport Liberty Half Marathon	1/2 Marathon, 8:30am	Jersey City NJ	908-902-8587
9/26/2010	Treasure Island Sprint Triathlon	600 meter swim, 10.5 mile bike, 3 mile run, 1.5 mile kayak10.5 mile bike, 3 mile run	Pt Pleasant NJ	732-892-9374
10/2/2010	Breast Cancer 5K Run & Walk for Mom	5k, 9am, walk 9:30	Cranford NJ	201-301-6813
10/2/2010	30th Annual Hopewell Challenge	10k, 9am, 2 mile, 9:05	Hopewell NJ	609-773-0459
10/2/2010	Par-Troy Rotary Run for Life 5K	5K, 9:30am	Morris Plains, NJ	973-945-9442
10/2/2010	Mendham Harvest Hustle 5K	5k, 9am, kids run, 8:30am	Mendham NJ	973-543-1775
10/2/2010	Hands on House Half Marathon and 5K	Half Marathon and 5K 9am, 5k, 9:15, fun run, 11	Lancaster PA	717- 569- 5437
10/2/2010	Soles For Faith 5K	5k, 9:30am, 3k walk, 9:45, kids dashes, 10:30	Newark NJ	910-686-0026
10/2/2010	Shark Run 5k	5k, 8:30am	Bay Head NJ	732-714-0692
10/2/2010	Friends & Neighbors in Action 5k Race & Fun Walk	5k, fun walk, 9am	Monroe Twp NJ	609-630-6237
10/3/2010	Clam Man Sprint Tri	.33 swim, 10 mile bike, 3.1 mile run	Bayville NJ	732-241-4555
10/3/2010	Hawthorne Run Against Domestic Violence 5k & Family Walk	5k, 1.5 mile family walk 8:30am	Hawthorne NJ	973-800-6067
10/3/2010	18th Annual Carlos Negron Memorial Run	5k, 9:30, Kiddie Dash, 10:30	Jersey City NJ	201-991-9103
10/3/2010	Allaire 5k Cross Country Run	5k, 8:30am	Wall NJ	908-618-5357
10/3/2010	Manchester Regional Falcon 5K	5k run/wal, 9am	Haledon NJ	973-208-3191
10/3/2010	Bassman Fall Half Distance Triathlon & Duathlon	half 1.2 mile swim, 58 mile bike, 13.2 mile run	Bass River NJ	347-276-7523 x 71
10/3/2010	Jack's 5k run for Children with Apraxia of Speech	5k, 10am	Bridgewater NJ	732-642-7258
10/3/2010	Sandy Hook Lighthouse 5K	5k, 9:05am	Sandy Hook NJ	732-409-7644 x 3
10/3/2010	Skylander 5K & 10K Challenge	5k, 10k, 9am	Newton NJ	973-300-2121
10/3/2010	6th Annual Cpl. Christopher M. Shea Memorial 5K	5k, 1pm, fun run, 2pm, walk either distance	Swartswood NJ	973-551-1681
10/3/2010	Anna's Run / Walk To Stop Domestic Violence	5k, 9am	Succasunna NJ	973-448-2015
10/3/2010	Safe in Hunterdon Hearts & Soles 5K Race & Family Relay	5k, 11am, family relay 10am	Clinton NJ	973-270-7919
10/3/2010	The Steeplechase Distance Run	25k, 8am, 5k, 8:30, 1 mile walk, 9:30	Hillsborough NJ	908-902-8587
10/3/2010	Rovers Run/Walk	5k xc 10am	Metuchen NJ	732-906-7887
10/3/2010	OCNJ Half Marathon & 5K	13.1,9am, 5k, 9:15, kids runs, 10am	Ocean City NJ	609-525-9317

10/3/2010 Bassman Fall SprintDistance Triathlon & Duathlon 6 swim, 29 mi bike, 6.1 mi run,Du 3.1 mi run, 29 mi bike, 6.1 mi run Bass River NJ 347-276-7523 x 71

10/3/2010 Colonial Challenge 5k, 10am, kids mile, 10:45 Convent Station NJ 973-401-1300

10/3/2010 Red Bank Triathlon 750meter swim, 21.5 mile bike, 5 mile run Red Bank NJ

10/3/2010 Jersey Shore Half Marathon 13.1 Miles, 9am Sandy Hook NJ 732-409-7644 x 3

10/9/2010 Sayerville's "Hit the Bricks" 5-Miler 5 mile, 9:30am Sayerville NJ 732-390-7092

10/9/2010 Sparta Glen Challenge Trail Run 5k, 9am Sparta NJ 973-729-2383

10/9/2010 Paul Jackson 5K at Oak Ridge 5k run, 9:30am, 3k walk, 9:45, kids fun run, 10:30 Clark NJ 910-686-0026

10/9/2010 2010 Hoboken UMC 5k Run 5k,corporate challenge, 9am, 2 mile river walk Hoboken NJ 201-418-2009

10/9/2010 Playworks Newark 5K Run/Walk for Recess 5k, 9:20am, 1 mile kids fun run, 9:10 Newark NJ 973-718-2396

10/9/2010 NJ Trail Series Fall Back to Schooleys 5k, 10k, 9am Washington Twp NJ 973-627-2575

10/9/2010 Fall Fear the Pier 5k, 10am Leonardo NJ 732-866-2119

10/9/2010 ING Hartford Marathon, 1/2 Marathon, Marathon relay, 5k Marathon, 1/2 marathon, team relay, 5k, 8am Hartford CT 860-652-8866

10/9/2010 Hounds & Harriers Run 3 mile run, 10am: 70 yard senior dog dash 9:30 Morris Twp NJ 973-377-6276

10/9/2010 Heart of The Highlands 5K 5k, 9am West Milford NJ 973-728-0264

10/10/2010 Tewksbury 5 Miler 5 mile, 10am, 1 mile fun run, 9:30 Tewksbury NJ 908-310-1547

10/10/2010 End of Season Triathlon/Duathlon & Beach Party 1/4 mile swim or 2 mile run , 10 mile bike and 5k run Seaside Park NJ 856-858-7835

10/10/2010 17th Annual Ira's Run cancelled for 2010 Englewood NJ 908-902-8587

10/10/2010 CJ Strides for Babies Walkathon 1,3,5,miles, 9:30am Lincroft NJ 910-686-0026

10/10/2010 Liberty Corner 4-Miler 4 miles, 9:30am, kids dashes, 10:30 Liberty Corner NJ 908-766-0180 x 151

10/10/2010 37th Annual LBI Commemorative 18 Mile Run 18 Mile, 10:30am Brant Beach NJ 609-494-8861

10/10/2010 Start! 5K Run 5k, 9:20am Parsippany NJ

10/10/2010 Wood-Ridge Mayor's 5K 5k, 10am Wood Ridge NJ 551-486-6805

10/10/2010 Duathlon 2010 15k bike, 5k run, or 5k run only, 8am Sandy Hook NJ

10/10/2010 Habitat 5K Home Run 5k, 1 mile Fun Run, 10am Bridgewater NJ 908-704-0016

10/10/2010 16th Annual Little Silver Classic 5K 9:30, Kids 1 Mile Fun Run 8:45, Kids Races 11:00am Little Silver NJ 732-383-5817

10/10/2010 Friend2Friend Hot Chili Challenge 8 mile trail run, 9:30am Andover NJ 973-919-1373

10/11/2010 The Spartan Stride 5K Twilight Run for Education 5k, 5pm Wayne NJ 973-694-3702

10/16/2010 8th Annual CPL Breakfast Run 5k, 9:30am, 1 mile ramble, 10:10, kids dashes, 10:30 Cranford NJ 910-686-0026

10/16/2010 Mountain Madness 50k & 7.77 miles, 25km Ringwood NJ 973-627-2575

10/16/2010 Feed our Friends 5K and Fun Walk 5k, 10am, fun walk, 9:30 Ewing NJ 732-570-7883

10/16/2010 17th Annual Tomm May 5 Mile Run & Trail Walk 5 mile, 10am, nature walk, 9:15 Robbinsville NJ 609-918-0002 x 120

10/17/2010 2nd Annual Asbury Park Relay Marathon 26.2 miles,10am 2- 8 person teams Asbury Park NJ 732-578-1771

10/17/2010 The 32nd Annual Terri Roemer Paramus Run 10k, 9:05am, 5k, 11:15,Fun Run,12:15 Paramus NJ 201-265-9321

10/17/2010 33rd Annual Seaside Half Marathon & 5K 13.1 mile run ,10am,13.1, 5k 10:10 Seaside Park NJ 908-783-7526

10/17/2010 33rd Annual East Brunswick Road Races 5k, 1:05pm, 10k, 1:20, kids dashes, 12pm, 1 mile fun run/walk, 12:30, family stretch 12:20 East Brunswick NJ 908-612-6049

10/17/2010 The 16th Annual Shrewsbury 5K Classic 5k, 9am,Kiddie Dash 10:30, 1 mile, 8:30 Shrewsbury NJ 732-747-8713

10/17/2010 JCC 5k Run/Walk 5k, 8:30am Bridgewater NJ 732-469-3757

10/23/2010 St. Pats Community 5K 5K Chatham, NJ 973-452-6650

10/23/2010 Norwood Fast & Flat 5K Run/Walk 5k, 9:30am Norwood NJ 201-784-0694

10/23/2010 Red Ribbon 4 Miler 4 mile, 9:30am, Fun Walk, 12pm Cranford, NJ 732-381-4100

10/23/2010 Allamuchy Harvest Fest 5 Miler/5K 5 mile & 5K, 10am 973-222-8748

10/24/2010 Holy Family Academy Four Mile & One Mile Fun Run 4 mile, 9am, 1 mile, 9:30 Bayonne NJ 201-920-0826

10/24/2010 Fanwood 5K and Family Fun Run Family Fun Run, 9am, 5K, 9:30am Fanwood, NJ 212-808-2361

10/24/2010 Family Reach Foundation 5k Family Run/Walk 5k, 10:30am, 1 mile fun run, 9:45 Mahwah NJ 908-295-4131

10/24/2010 Gagnon's Race for the Heart 5K & 2M Health Walk 5K, 9:30am, 2M, 9am Morris Township, NJ 908-245-3000

10/30/2010 19th Annual Dover Renaissance Run 5k,9am Dover NJ 973-895-9607

10/30/2010 South Jersey Healthcare Halloween Bone Run & Walk 5k, 9am, Pittsgrove NJ 856-575-4214

10/30/2010	Spooky Tails & Trails	5k	Hamilton NJ	609-581-9622		
10/30/2010	Vampire Sprint 5K, 1 Mile Fun Walk, 1/4 Mile Kids Trot	5k 9am,	Landisville NJ	609-703-1549		
10/30/2010	NJ Trail Series Fall Back to Schooleys	5k, 10k, 9am	Washington Twp NJ	973-627-2575		
10/30/2010	October Beerfest 5K & Rinshoes Tournament	5k, 11am, Ringshoes, 12pm	Rahway NJ	908-245-3000		
10/30/2010	Monster Dash 5K	5k walk/run 10:30am	Pt Pleasant NJ	732-899-0146		
10/31/2010	Mountain Man Biathlon	2 mile Trail Run, 11 Mt Bike, 2 mile Trail Run	Morristown NJ			
10/31/2010	Safe Dating Challenge	5k, 12noon, 1.5 mile walk, 12:30pm, kids races, 1pm	Convent Station NJ	910-686-0026		
10/31/2010	33rd Annual Radnor Run	5 mile & 1 mile Fun Run/Walk, 8:30am	Radnor PA	610-941-9595 x.114		

For applications, online registration or for more information, check out www.raceforum.com., www.OYMP.net, www.practicehard.com, www.compucore.com; www.active.com, www.bestrace.com, www.USATF-NJ.org, and www.cjrrc.org.