



# CENTRAL JERSEY ROAD RUNNERS CLUB presents their 42nd ANNUAL HANGOVER 5k

January 1st, 2025  
Westfield, NJ  
Rain or Shine\*

### WHERE

Tamaques Park  
1081 Lamberts Mill Rd  
Westfield, NJ 07090

### WHEN\*

Packet Pick up: 10:30 AM-11:45 AM Race Day  
5k Run/walk: 12 PM Noon

### REGISTRATION & INFORMATION

**PLEASE NOTE: Online Registration Closes Dec 20th at 11:59 PM!!**

- Pre-Reg ONLY. NO RACE DAY REGISTRATION  
Register at: <https://runsignup.com/Race/NJ/Westfield/Hangover5K>

For the latest Hangover information, maps to the race, and course maps, log on to [www.cjrrc.org](http://www.cjrrc.org). Click on CJRRC Races.

### REGISTRATION FEES [online only]

5k until Oct 31st at 11:59 PM - \$40; then \$45 until 12/20  
USATF-NJ until Oct 31st at 11:59 PM - \$37, then \$42 until 12/20  
CJRRC until Oct 31st at 11:59 PM—\$30; then \$35 until 12/20

### 5K AWARDS

Top Overall (M & F) 3 deep and Wheelchair Overall (M & F) 3 deep; top masters (M & F) 3 deep; and top 3 (M & F) in the following age groups: 9 and under; 10-13; 14-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; 90 and over.  
No duplicate awards.

- Awards distributed for Overall Male/Female, Overall Wheelchair Male/Female, and Overall Masters Male/Female categories only at 12:45 PM.
- Age Group winners can check results and pick up their awards at a designated location near the race course as the race results are completed in each age group category.

### AMENITIES

Post race refreshments. Hangover hooded sweatshirt guaranteed for ALL Pre-Registrants.

**\*IN CASE OF UNSETTLED WEATHER, CHECK [www.cjrrc.org](http://www.cjrrc.org)  
FOR THE LATEST INFO CONCERNING THE STATUS OF THE RACE. Strollers are not allowed without prior written permission. For the safety of all, no dogs are allowed.**

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NO RACE DAY REG

Timing and  
Pre-registration  
by



**USATF**  
NEW JERSEY

500 Point Event

USATF CERTIFIED COURSE  
USATF SANCTIONED EVENT 2025